



Doctor Discussion Guide

For patients with EPI (exocrine pancreatic insufficiency)



It's important to be open and honest with your doctor about your symptoms—especially about ones like diarrhea, gas, and loose, oily stools. Don't be shy about sharing details, because the more you tell your doctor, the better they can help determine if you may have EPI.

Key questions to ask:

- Could something I'm eating cause my symptoms?
- Could medications or supplements be causing my symptoms?
- What could I do to improve my symptoms?
- Is it possible I have a gastrointestinal (GI) condition?
- Could it be EPI?
- What are my treatment options?

Discuss the symptoms below with your doctor.

In the past 2 weeks, I've had:	Almost always	Often	Occasionally	Never
Bloating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stomach pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Excessive gas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Greasy stools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loose stools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Frequent diarrhea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unexplained weight loss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Print this guide and bring it with you to your doctor. The Doctor Discussion Guide is intended for informational purposes only and should not be used as a substitute for advice provided by your doctor or other healthcare professionals. Please do not use the Doctor Discussion Guide for diagnosing a health problem or disease. You should always consult your doctor or other healthcare professionals.

Uses

CREON® (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes due to cystic fibrosis, swelling of the pancreas that lasts a long time (chronic pancreatitis), removal of some or all of the pancreas (pancreatectomy), or other conditions.

Safety Considerations

- CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Tell your doctor if you have a history of intestinal blockage, or scarring or thickening of your bowel wall (fibrosing colonopathy). The risk of having this condition may be reduced by following the dosing instructions that your doctor gave you.

Please see Important Safety Information on page 2. Please see accompanying full Prescribing Information including Medication Guide or visit https://www.rxabbvie.com/pdf/creon_PI.pdf



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CREON[®]
(pancrelipase)
Delayed-Release Capsules

What else is happening?

In the past 2 weeks, I've...	Almost always	Often	Occasionally	Never
Had to use the toilet for a long time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eaten greasy or high-fat foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skipped meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had a poor appetite because of GI symptoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past 2 weeks...	More often than I'd like	As often as I'd like	Less often than I'd like
My bowel movements have occurred	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Important Safety Information

- CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Tell your doctor if you have a history of intestinal blockage, or scarring or thickening of your bowel wall (fibrosing colonopathy). The risk of having this condition may be reduced by following the dosing instructions that your doctor gave you.
- **Do not crush or chew CREON capsules or their contents, and do not hold the capsule or capsule contents in your mouth.** Crushing, chewing, or holding the CREON capsules in your mouth may cause irritation in your mouth. Talk to your doctor or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules. Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Take CREON exactly as your doctor tells you.**
- **Tell your doctor right away if you have unusual or severe:** stomach (abdominal) pain, bloating, trouble passing stool, nausea, vomiting, diarrhea, worsening of painful, swollen joints (gout), or allergic reactions, including trouble with breathing, skin rashes, or swollen lips.
- The most common side effects include increased (hyperglycemia) or decreased (hypoglycemia) blood sugars, pain in your stomach area (abdominal area), frequent or abnormal bowel movements, gas, vomiting, dizziness, or sore throat and cough.
- CREON and other pancreatic enzyme products are made from the pancreas of pigs, the same pigs people eat as pork. These pigs may carry viruses. Although it has never been reported, it may be possible for a person to get a viral infection from taking pancreatic enzyme products that come from pigs.

Refer to the CREON [Medication Guide](#) and [full Prescribing Information](#) every time you refill your prescription because information may change. Tell your healthcare provider if you have any symptom or side effect that bothers you or that does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.

Please see accompanying full Prescribing Information including Medication Guide or visit https://www.rxabbvie.com/pdf/creon_PI.pdf