



# Your Treatment Tracker

For patients with EPI (exocrine pancreatic insufficiency)

**CREON**<sup>®</sup>  
(pancrelipase)  
Delayed-Release Capsules

Help your doctor determine if your current EPI treatment plan is working for you. During your first few weeks taking CREON, it can be helpful to record your treatment progress and daily routine using the Treatment Tracker. During your next appointment, you can share it with your doctor and talk about how your current treatment plan is going. Your doctor may change your CREON dose based on your diet, your weight, and your symptoms.

To understand what's happening with your health, your doctor will need information about:

- The CREON dosing strength you're currently taking
- Any EPI symptoms you may be experiencing
- How EPI symptoms or CREON has affected your lifestyle



Answer all of the questions below to the best of your ability and remember to take this with you to your next doctor's appointment and share the information.

## How are you taking CREON?

What CREON dosing strength are you currently taking? (lipase units)

3,000      6,000      12,000      24,000      36,000

How many CREON capsules does your doctor tell you

to take with every: Meal \_\_\_\_\_ Snack \_\_\_\_\_ ?

When do you take your CREON capsules?

Before the meal/snack

After the meal/snack

During the meal/snack

## In the past 2 weeks, how often have you:

Almost always

Often

Occasionally

Never

Experienced greasy stools?

Experienced loose stools?

Experienced frequent diarrhea?

Passed excessive gas?

Experienced bloating?

Experienced stomach pain?

Experienced any of the above symptoms after you ate?

## USE

Questions continued on the following page.

CREON<sup>®</sup> (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

## Safety Considerations

- CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Call your healthcare professional (HCP) right away if you have any unusual or severe stomach pain; worsening of gout; pain, stiffness, redness or swelling of your joints; trouble with breathing; skin rashes; swollen lips; or itching. When taking CREON, it's important to follow the dosing instructions provided by your HCP. Always take CREON with food. Do not crush or chew CREON capsules or the contents of the capsules, as this may cause mouth irritation.

Please see Important Safety Information on page 3. Please see accompanying full Prescribing Information including Medication Guide or visit

[https://www.rxabbvie.com/pdf/creon\\_PI.pdf](https://www.rxabbvie.com/pdf/creon_PI.pdf)



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In the past 2 weeks, how much were you concerned by:	Almost always	Often	Occasionally	Never
Eating greasy or high-fat foods?				
Taking CREON in front of others or in public?				
Using a public bathroom?				
Having EPI symptoms?				
Having to use the toilet for a long time?				

In the past 2 weeks, how frequently did you:	Almost always	Often	Occasionally	Never
Forget to bring your CREON when dining out?				
Skip meals?				
Forget to take your CREON?				
Have a poor appetite because of EPI symptoms?				
Notice that EPI symptoms impacted your daily activities?				

In the past week:	More often than I'd like	As often as I'd like	Less often than I'd like
My bowel movements have occurred ...			

GI=gastrointestinal.

## USE

CREON<sup>®</sup> (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

## Safety Considerations

- **Take CREON exactly as your HCP tells you.** Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Do not crush or chew the CREON capsule or its contents, as this may cause irritation in your mouth** or change the way CREON works in your body. Talk to your HCP or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules.

Please see Important Safety Information on page 3. Please see accompanying full Prescribing Information including [Medication Guide](#) or visit [https://www.rxabbvie.com/pdf/creon\\_PI.pdf](https://www.rxabbvie.com/pdf/creon_PI.pdf)



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## Print this tracker and be sure to share it with your doctor at every appointment

This Treatment Tracker is intended for informational purposes only and should not be used as a substitute for advice provided by your doctor or other healthcare professionals. You should not use the Treatment Tracker for diagnosing a health problem or disease. You should always consult your doctor or other healthcare professionals.

## USE

CREON<sup>®</sup> (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about CREON?

CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. The risk of having this condition may be reduced by following the dosing instructions that your healthcare professional (HCP) gave you. **Call your HCP right away if you have any unusual or severe:** stomach area (abdominal) pain, bloating, trouble passing stool, nausea, vomiting, or diarrhea.

### What should I tell my HCP before taking CREON?

**Before taking CREON, tell your HCP about all the medicines you take and all your medical conditions, including if you** are allergic to pork (pig) products; have a history of intestinal blockage or scarring or thickening of your bowel wall (fibrosing colonopathy), gout, kidney disease, or high blood uric acid (hyperuricemia); or are pregnant, plan to become pregnant, are breastfeeding, or plan to breastfeed.

### How should I take CREON?

**Take CREON exactly as your HCP tells you.** Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Do not crush or chew the CREON capsule or its contents, as this may cause irritation in your mouth or change the way CREON works in your body.** Talk to your HCP or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules.

## What are the possible side effects of CREON?

**CREON may cause additional serious side effects, including:**

- **Increase in blood uric acid levels (hyperuricemia), including pain, stiffness, redness or swelling of your joints.**
- **Allergic reactions, including trouble with breathing, skin rashes, swollen lips, or itching.**

Call your HCP right away if you have any of these symptoms.

**The most common side effects of CREON include** blood sugar increase (hyperglycemia) or decrease (hypoglycemia), pain in your stomach, frequent or abnormal bowel movements, gas, vomiting, dizziness, sore throat, and cough.

**CREON and other pancreatic enzyme products are made from the pancreas of pigs, the same pigs people eat as pork. These pigs may carry viruses. Although it has never been reported, it may be possible for a person to get a viral infection from taking pancreatic enzyme products that come from pigs.**

These are not all the possible side effects of CREON. For more information, ask your HCP or pharmacist.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/PatientAccessSupport](http://AbbVie.com/PatientAccessSupport) to learn more.**

**Please see accompanying full Prescribing Information including [Medication Guide](#) or visit [https://www.rxabbvie.com/pdf/creon\\_PI.pdf](https://www.rxabbvie.com/pdf/creon_PI.pdf)**