



Your Treatment Tracker

For patients with EPI (exocrine pancreatic insufficiency)



Help your doctor determine if your current EPI treatment plan is working for you. During your first few weeks taking CREON, it can be helpful to record your treatment progress and daily routine using the Treatment Tracker. During your next appointment, you can share it with your doctor and talk about how your current treatment plan is going. Your doctor may change your CREON dose based on your diet, your weight, and your symptoms.

To understand what's happening with your health, your doctor will need information about:

- The CREON dosing strength you're currently taking
- Any EPI symptoms you may be experiencing
- How EPI symptoms or CREON has affected your lifestyle



Answer all of the questions below to the best of your ability and remember to take this with you to your next doctor's appointment and share the information.

How are you taking CREON?

What CREON dosing strength are you currently taking? (lipase units)

3,000 6,000 12,000 24,000 36,000

How many CREON capsules does your doctor tell you

to take with every: Meal _____ Snack _____ ?

When do you take your CREON capsules?

Before the meal/snack After the meal/snack

During the meal/snack

In the past 2 weeks, how often have you:

Almost always

Often

Occasionally

Never

Experienced greasy stools?



Experienced loose stools?



Experienced frequent diarrhea?



Passed excessive gas?



Experienced bloating?



Experienced stomach pain?



Experienced any of the above symptoms after you ate?



Questions continued on the following page.

Uses

CREON® (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes due to cystic fibrosis, swelling of the pancreas that lasts a long time (chronic pancreatitis), removal of some or all of the pancreas (pancreatectomy), or other conditions.

Safety Considerations

- CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Tell your doctor if you have a history of intestinal blockage, or scarring or thickening of your bowel wall (fibrosing colonopathy). The risk of having this condition may be reduced by following the dosing instructions that your doctor gave you.

Please see Important Safety Information on page 3. Please see accompanying full Prescribing Information including Medication Guide or visit https://www.rxabbvie.com/pdf/creon_PI.pdf



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In the past 2 weeks, how much were you concerned by:	Almost always	Often	Occasionally	Never
Eating greasy or high-fat foods?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Taking CREON in front of others or in public?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a public bathroom?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having EPI symptoms?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having to use the toilet for a long time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past 2 weeks, how frequently did you:	Almost always	Often	Occasionally	Never
Forget to bring your CREON when dining out?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skip meals?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Forget to take your CREON?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have a poor appetite because of EPI symptoms?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Notice that EPI symptoms impacted your daily activities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past week:	More often than I'd like	As often as I'd like	Less often than I'd like
My bowel movements have occurred...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

GI = gastrointestinal

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Safety Considerations

- **Do not crush or chew CREON capsules or their contents, and do not hold the capsule or capsule contents in your mouth.** Crushing, chewing, or holding the CREON capsules in your mouth may cause irritation in your mouth. Talk to your doctor or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules. Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Take CREON exactly as your doctor tells you.**

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For patients with EPI (exocrine pancreatic insufficiency)

CREON[®]
(pancrelipase)
Delayed-Release Capsules



Print this tracker and be sure to share it with your doctor at every appointment

This Treatment Tracker is intended for informational purposes only and should not be used as a substitute for advice provided by your doctor or other healthcare professionals. You should not use the Treatment Tracker for diagnosing a health problem or disease. You should always consult your doctor or other healthcare professionals.

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- **Tell your doctor right away if you have unusual or severe:** stomach (abdominal) pain, bloating, trouble passing stool, nausea, vomiting, diarrhea, worsening of painful, swollen joints (gout), or allergic reactions, including trouble with breathing, skin rashes, or swollen lips.
- The most common side effects include increased (hyperglycemia) or decreased (hypoglycemia) blood sugars, pain in your stomach area (abdominal area), frequent or abnormal bowel movements, gas, vomiting, dizziness, or sore throat and cough.
- CREON and other pancreatic enzyme products are made from the pancreas of pigs, the same pigs people eat as pork. These pigs may carry viruses. Although it has never been reported, it may be possible for a person to get a viral infection from taking pancreatic enzyme products that come from pigs.

Refer to the CREON [Medication Guide](#) and [full Prescribing Information](#) every time you refill your prescription because information may change. Tell your healthcare provider if you have any symptom or side effect that bothers you or that does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.

Please see accompanying full Prescribing Information including Medication Guide or visit https://www.rxabbvie.com/pdf/creon_PI.pdf